

Michelle Tan, PsyD

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EDUCATION AND CREDENTIALS

- 2020 Licensed Clinical Psychologist (Illinois #071.010424)
2019 Psy.D., Adler University, Chicago, IL
2017 M.A., Illinois School of Professional Psychology at Argosy, Chicago, IL
2012 B.A., DePaul University, Chicago, IL

CLINICAL POSITIONS

- Feb. 2021–Present **Psychologist**
Warren Barr Gold Coast; Vitae Health Systems
- o Assess and provide psychotherapy for medically complex, geriatric population in sub-acute rehab and long-term nursing setting
 - o Conduct neuropsychological evaluations for memory decline
 - o Consult and co-treat with multidisciplinary team to promote treatment adherence and care outcomes
- Sept. 2020–Present **Psychologist**
July 2019–Sept. 2020 **Postdoctoral Fellowship**
The Chicago Practice in Psychology
- o Assess and treat with evidence-based interventions for a range of neurocognitive, developmental, and mood concerns
 - o Supervise and train diagnostic practicum students
- July 2018–June 2019 **Health Service Internship, APA Accredited**
Medical College of Wisconsin at Froedtert
Rotations: Palliative Care/Oncology, Trauma & Critical Care, Organ Transplant, Physical Medicine & Rehabilitation, Behavioral Medicine Primary Care
- o Provided range of evidence-based interventions and conducted pre-surgical psychosocial and neuropsychological evaluations
 - o Provided consultation in multidisciplinary selection committees and behavioral management to nursing and medical staff
- July 2017–June 2018 **Advanced Diagnostic Extern**
The Chicago Practice in Psychology
- o Evaluated range of neuropsychological conditions in children, adolescent, and adult populations
 - o Communicated with parents, teachers, and schools regarding accommodations
- July 2017–June 2018 **Research Supplemental Extern**
Jesse Brown VA Medical Center
- o Conducted screenings, follow up appointments, and neuropsychological

- batteries for research participants
- o Assessed for PTSD using the CAPS-V and DSM-V diagnoses using the M.I.N.I. International Neuropsychiatric Interview in OEF/OIF/OND veterans

July 2016–June 2017 **Health Psychology Therapy Extern
Jesse Brown VA Medical Center**

Rotations: Health Promotion and Disease Prevention, Pain Clinic, Palliative Care, MOVE!, Biofeedback

- o Provided individual and group health and behavioral interventions, CBT/CBT-I, ACT, MI, psychoeducation, and outreach to veterans
- o Evaluated psychological readiness for bariatric, Alphastim, and spinal cord stimulator pre-surgical candidates and consulted with multidisciplinary teams regarding risk/protective factors
- o Developed program curriculum and led 6-week Relaxation and Mindfulness group

Aug. 2015–June 2016 **Diagnostic Extern
Psychological Services Center at Argosy University**

- o Evaluated various neuropsychological and psychological conditions, compiled appropriate recommendations and accommodations based on school policies, and provided outreach to students on campus

TEACHING ACTIVITIES

Interdisciplinary Education

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| April 2021 | Role of Psychology in Rehabilitation Treatment Outcomes. Warren Barr Gold Coast. |
| May 2019 | Implementing ACT in Organ Transplant Populations. Transplant Surgery Department, MCW & Froedtert Hospital. |
| Oct. 2018 | Managing Polytrauma Triad (mTBI, PTSD, chronic pain) in PM&R setting. Inpatient Rehabilitation Department, MCW & Froedtert Hospital. |
| Jan. 2016 | Pain Education Classes. Pain Clinic, Jesse Brown VA Medical Center |
| Oct. 2015 | Diabetes and Depression. Primary Care Clinic, Jesse Brown VA Medical Center |

Graduate Student Education

- Sept. 2019–Present **Adjunct Faculty**

Adler University

- o Cognitive and Affective Bases of Behavior
- o Special Topics in Neuropsychology: Interventions

- Sept. 2015–May 2017 **Graduate Teaching Assistant**
Illinois School of Professional Psychology
- o Research Methods
 - o Cognitive Assessment
 - o Health and Human Dysfunction II
 - o Personal and Professional Development

RESEARCH EXPERIENCE

- Sept. 2018–April 2019 **Scholarly Research Project**
Medical College of Wisconsin
Acceptance and Commitment Therapy in a Transplant Support Group,
Led by Michelle Tan, PsyD

- Sept. 2016–June 2019 **Dissertation**
Adler University
Comparison of Cognitive Flexibility Performance in ADHD and Reading Disorders, Led by Michelle Tan, PsyD

- Nov. 2016–June 2017 **Research Assistant**
Jesse Brown VA Medical Center
Brain and Mental Health RECOVERY, Grant-Funded, Led by Luan K. Phan M.D.

- Sept. 2014–June 2017 **Research Assistant**
ISPP at Argosy University
Overlap in Symptomology of Borderline Personality Disorder with Trauma and Mood Disorders, Led by Christopher Rector, Ph.D.

RESEARCH PRESENTATIONS AND PUBLICATIONS

Tan, M. (2020, August). Psychopathology vs normal grief reaction. In **M. Tan** (Chair), *Approaches to palliative care, death, and dying.* Symposium conducted at the American Psychological Association 2020 Virtual Convention, Washington, D.C.

Tan, M. (2020, August). Neuropsychological considerations in organ transplant evaluations. In M. Olex (Chair), *Adult pre-surgical psychosocial evaluations in health settings.* Symposium conducted at the American Psychological Association 2020 Virtual Convention, Washington, D.C.

Aase, D. M., Akagi, K., **Tan, M.**, Maucieri, L., Miller, S.A., Rog, L., Greenstein, J., Jason, L.A.,

- Phan, K.L., & Pliskin, N.H. (2019, February). *Social cognition performance in AUD and a no-AUD comparison group: A pilot study*. Poster session presented at the 47th annual meeting of the International Neuropsychology Society, New York.
- Aase, D.M., Greenstein, J.E., Proescher, E., Passi, H., Krage, M., Walters, R., Everett, L., Hassan, I., Osborn, A., **Tan, M.**, Lennon, J., Schroth, C., Kennedy-Krage, A., & Phan, K.L. (2018, March). *Specific PTSD Symptom Clusters Predict Alcohol Use Among Post-9/11 Veterans*. Poster session presented at the 6th Annual Collaborative Perspectives on Addiction Conference, Tampa Bay, FL.
- Babione, J.M., Osborn, A., Everett, L.-K., Hassan, I., **Tan, M.**, Schroth C., Kennedy, A., Proescher, E., Greenstein, J., Aase, D. M., & Phan, K. L. (2018, February). *Initial-trial learning is associated with severity of PTSD symptoms in OEF/OIF/OND veterans*. Poster session presented at the 46th annual meeting of the International Neuropsychology Society, Washington, DC.
- Everett, L.-K., Hassan, I., Osborn, A., **Tan, M.**, Schroth C., Kennedy, A., Babione, J.M., Proescher, E., Greenstein, J., Aase, D. M., & Phan, K. L. (2018, February). *Examining the influence of post-deployment family support on executive functioning in post-9/11 African-American veterans*. Poster session be presented at the 46th annual meeting of the International Neuropsychology Society, Washington, DC.
- Rector, C., Wang, C., Green, S., Nadar, H., Nguyen, M., **Tan, M.**, & Varga, O. (2017, December). *Are borderline personality disorder and bipolar disorder the same disorder? An exploratory quantitative analysis*. Poster session presented at the Illinois School of Professional Psychology at Argosy Research Day, Chicago, IL.
- Tan, M.**, Aase, D.M., Proescher, E., Greenstein, J.E., Cosio, D., & Phan, K.L. (2017, November). *Pain, illness-focused coping behaviors, and post-concussive symptoms in post-9/11 combat veterans with mTBI: differences based on PTSD diagnosis*. Poster session presented at the 33rd annual meeting of the International Society for Trauma Stress Studies, Chicago, IL.
- Lennon, J., Patel, N., Hassan, I., Everett, L., Osborn, A., **Tan, M.**, Babione, J., Schroth, C., Kennedy, A., Proescher, E., Greenstein, J.E., Aase, D.M., & Phan, K.L. (2017, September). *Executive Function & Suicidal Ideation in Depressed Post-9/11 Veterans*. Poster session presented at the 8th Annual University of Illinois-Chicago Department of Psychiatry Research Forum, Chicago, IL.
- Patel, N., Lennon, J., Hassan, I., Everett, L., Osborn, A., **Tan, M.**, Babione, J., Sschroth, C., Kennedy, A.E., Proescher, E., Greenstein, J.E., Aase, D.M., & Phan, K.L. (2017, September). *Deployment and Post-Deployment Social Support among Post-9/11 Veterans with and without Posttraumatic Stress Disorder: The Role of Unit Support*. Poster session

presented at the 8th Annual University of Illinois-Chicago Department of Psychiatry Research Forum, Chicago, IL.

Aase, D.M., Greenstein, J.E., Proescher, E., Patel, N., Hassan, I., Everette, L., Osborn, A., **Tan, M.**, Babione, J., Feeley, S., Schroth, C., Kennedy, A., & Phan, K.L. (2017, April). *Post-traumatic stress disorder moderates the effect of cognitive reappraisal on 12-month follow-up alcohol use in post-9/11 veterans*. Poster session presented at the 2nd Annual University of Illinois-Chicago Department of Psychiatry Center for Alcohol Research in Epigenetics Retreat, Chicago, IL.

Babione, J.M., Varga, O., & **Tan, M.** (2016). *Mild cognitive impairment of vascular etiology: Addressing risk factors and cognitive health in diverse populations*. Poster session presented at Adler University's 7th Annual Multifaceted Themes of Diversity Conference, Chicago, IL.

Mok, G., Hamilton, S., Hart, E. C., Naylor, K., Frank, J., Ambrose-Drzewiecki, M., **Tan, M.**, . . . Babione, J. M. (2016). *Cognitive functioning in primary headache conditions: A systematic review*. Poster session presented at Annual Conference of the Illinois Psychological Association, Oak Brook, IL.

Babione, J. M., Gonzalez, J., & **Tan, M.** (2015). *The relationship between subthreshold symptoms of borderline personality disorder and trauma-related anxiety: An exploratory quantitative analysis*. Poster session presented at Annual Convention of the Illinois Psychological Association, Skokie, IL

Babione, J. M., Foster, B. J., Hart, E. C., **Tan, M.**, & Vogler, M. J. (2015). *The efficacy of internet-based treatments for posttraumatic stress disorder: A systematic review*. Poster session presented at Annual Convention of the Illinois Psychological Association, Skokie, IL

Tan, M. (2012) *Case study comparison of children with and without autism participating in parent-child interaction therapy*. Poster session presented at Chicago Area Undergraduate Research Symposium. Chicago, IL.

RESEARCH PUBLICATIONS

Aase, D. M., Akagi, K., **Tan, M.**, Maucieri, L., Miller, S.A., Rog, L., Greenstein, J., Jason, L.A., Phan, K.L., & Pliskin, N.H. (2019). Social cognition performance in AUD and a no-AUD comparison group: A pilot study [Abstract]. *Journal of International Neuropsychology Society*, 25(S1), 78.

Aase, D.M., Babione, J.M., Proescher, E., Greenstein, J.E., DiGangi, J.A., Schroth, C., Kennedy, A.E., Feeley, S., **Tan, M.**, Cosio, D., & Phan, K.L. (2018). Impact of PTSD on post-

concussive symptoms, neuropsychological functioning, and pain in post-9/11 veterans with mild traumatic brain injury. *Psychiatry Research*.

Shepard, P., Akagi, K., Everett, S., Hassan, I., Osborne, A., **Tan, M.**, Schroth, C., Aase, D.M., Passi, H., Proescher, E., Greenstein, J., Walters, R., Krage, M., Phan, K.L. (2018). The polytrauma triad: Impact of PTSD symptom clusters on cognitive complaints in post-9/11 veterans [Abstract]. *Archives of Clinical Neuropsychology*, 33(6), 703-794.

Everett, L.S., Hassan, I., Osborn, A., **Tan, M.**, Schroth, C., Kennedy, A., Babione, J.M., Proescher, E., Greenstein, J., Aase, D.M., Phan, K.L. (2018). Examining the Influence of Post-Deployment Family Support on Executive Functioning in Post-9/11 African-American Veterans. [Abstract]. *Journal of International Neuropsychological Society*, 24(S1), 284-285.

Babione, J.M., Osborn, A., Everett, L., Hassan, I., **Tan, M.**, Schroth C., Kennedy, A., Proescher, E., Greenstein, J., Aase, D. M., & Phan, K. L. (2018). Initial-trial learning is associated with severity of PTSD symptoms in OEF/OIF/OND veterans. [Abstract]. *Journal of International Neuropsychological Society*, 24(S1), 32.

Tan, M. & Varga, O. (2015). Yoga as post-traumatic therapy and the neurochemical mechanisms of change. *ANST Listserv Feature Series: Research Roundup*. (non-peer reviewed)

SUPPLEMENTAL PROFESSIONAL TRAINING

September 2017	Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) Clinician Training Presented by VA Employee Education System
November 2016	Motivational Interviewing (MI) Training Presented by Sarah Catanese, Ph.D.
September 2016	Empowering Patients in Chronic Care (EPIC) Training Presented by Natalie Hundt, Ph.D.

HONORS AND AWARDS

- o Medical College of Wisconsin- Residency Professionalism Award (2019)
- o Research Poster Honorary Mention at Illinois School of Professional Psychology Research Day (2017)
- o Bright Horizons- Rising Star Award (2013)
- o Bright Horizons- Division 11's Teacher of the Year Award (2013)

- o Bright Horizons- Heart Award (2012)
- o Graduated Summa Cum Laude (2012)
- o DePaul Scholar's Award (2008–2012)
- o DePaul Dean's List (2008–2012)

CURRENT PROFESSIONAL AFFILIATIONS

- o International Society for Trauma Stress Studies
- o APA Division 38- Society for Health Psychology
- o APA Division 40- Society of Clinical Neuropsychology
- o American Psychological Association